

# Planning your discharge from hospital

Four key questions every patient, relative / carer, should know the answer to

## Your discharge from hospital

We will involve you in planning your discharge from an early stage. Preparation for discharge usually commences from the point you are admitted, with staff assessing your health and social care needs in preparation for your discharge from hospital.

You will be given an estimated date of discharge to help you and your relatives plan for when you will return home. Your estimated date of discharge may change depending how quickly you are recovering. You will be informed if this date changes.



The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Beds at this hospital are classed as 'ACUTE', which means that we need to be able to admit patients in emergencies and have the ability to discharge patients as soon as we consider them safe to leave, with care plans that may continue in the community either at home or in another care setting.

## Why might I be moved to another ward?

We aim to care for all patients in the most appropriate wards. You are currently in an acute bed designed to deliver care in the first stages of your illness. As your condition improves, your nursing, medical and therapy team may make the decision to move you to another ward based on treatment or rehabilitation needs.

## What will happen when I move?

The Nurse in charge of your care will discuss with you the plan to move you to your new ward. The ward will inform your next of kin when you are transferred to your new ward. The medical team for that area will take over your care. If you have further questions please ask to speak to the Matron for your area.

## What will happen when you are ready for discharge from hospital?

When you no longer require an acute hospital bed to receive your care, you will be discharged back to your usual place of residence to continue your recovery.

If you receive care from social services or other agencies we will help to re-instate that care.

If it is felt that you need additional support on discharge, this will be arranged to support you. This may include returning home with temporary support and may include further assessment at your usual place of residence or being stepped down on a short term basis to a bed outside of the acute hospital setting. If additional support is not essential for your discharge you will go straight home and any further social service or other support considered to be non-urgent should be arranged by yourself after discharge.

Wolverhampton Information Network (WIN) is a free online resource to help you find local health, care and community services. To view services go to: <http://win.wolverhampton.gov.uk/kb5/wolverhampton/directory/home.page>



Prior to your discharge from hospital, please ask a relative or carer to bring in a full set of outdoor clothes for you. On the morning of your discharge you will be transferred to the Discharge Lounge while you wait for your medications to take home, to be prepared, and your transport home. Wherever possible, please arrange for someone to come and pick you up upon discharge.

We aim to ensure that your discharge / transfer from hospital is smooth and as comfortable as possible.

If you have any questions please speak to the Nurse in charge of your care.

## **English**

**If you need information in another way like easy read or a different language please let us know.**

**If you need an interpreter or assistance please let us know.**

## **Lithuanian**

**Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.**

**Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.**

## **Polish**

**Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.**

**Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.**

## **Punjabi**

**ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਅਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।**

**ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।**

## **Romanian**

**Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.**

**Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.**

## **Traditional Chinese**

**如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。**

**如果您需要口译人员或帮助，请告诉我们。**