

## Family Integrated Care

Here are some ways in which you can be involved in your baby's care.



You can change your baby's nappy and bedding including nests, remembering how to position your baby best to aid their developmental needs.



Have skin-to-skin / kangaroo care.
This benefits both you and your baby.



You can tube feed your baby when you have been shown.



Partners in Care

You can, with support, draw up and administer medications that your baby may need when they are ready to go home.



You can weigh your baby on weigh days.



You are encouraged to be present for the ward round, we want you to be involved in the plan of care and decision making for your baby.





You will be supported to breast feed and bottle feed your baby when they are ready. Before this you will be shown how to give mouthcare to your baby.