

Welcome from the Upper Gastrointestinal Team

Who is this information for?

This leaflet contains information about the upper gastrointestinal multidisciplinary team who will be looking after you as a result of your recent investigations. It has been written to help you understand more about the services available to you.

What is a Multidisciplinary Team?

A multidisciplinary team is a specialist team of health professionals who together discuss your diagnosis, care and treatment. One or more of the consultants looking after you will take overall responsibility for your care.

Your Consultant is.....

Your Clinical Nurse Specialist is.....

The team meets once a week to discuss patients with suspected and diagnosed cancer in their specialist area. Your case will be discussed at various times during the multidisciplinary team meeting and you may be referred to one or more of the following specialists:

Consultant Gastroenterologist

A doctor who specialises in dealing with the diagnosis and treatment of disorders affecting the oesophagus, stomach, small intestine, liver, biliary tract and pancreas.

Consultant Surgeon

A doctor who specialises in surgery and who may perform your operation (if it is decided that surgery is an appropriate way to treat your condition).

Consultant Radiologist

A doctor who specialises in diagnosing your tumour or illness from scans such as CT, MRI or PET scans. An explanation of these types of scans can be found on the Macmillan website (link at the end of this leaflet) or in written information provided at diagnosis. Together with the rest of the multidisciplinary team, he/she helps decide your treatment plan.

Consultant Histopathologist

A doctor who specialises in working out the type of cancer you have from looking at cells under a microscope.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Consultant Medical Oncologist

A doctor who specialises in treating cancer cells with chemotherapy. An explanation of chemotherapy can be found on the Macmillan website (link at the end of this leaflet) or in written information provided.

Consultant Clinical Oncologist

A doctor who specialises in treating cancer cells with radiotherapy. An explanation of radiotherapy can be found on the Macmillan website (link at the end of this leaflet) or in written information provided.

Clinical Nurse Specialist

A nurse who provides specialist information, advice and support following your diagnosis, during your treatment and is involved in the management of your care.

Research Nurse

A nurse who supports patients taking part in clinical trials.

Multidisciplinary Team Coordinator

A team coordinator organises the weekly meetings and ensures the smooth running of the team, your care and your treatment plan.

Additional Team Members

This will depend on your individual needs and symptoms. Some of the other members of the multidisciplinary team that you may meet are:

- Dietician
- Physiotherapist
- Palliative care team

What can I expect from my Multidisciplinary Team?

- To be given written information to take away and read about my care and treatment
- To be offered access to a specialist nurse when informed of my diagnosis
- To agree a treatment plan jointly with my consultants
- To have my GP kept up to date with my care and treatment
- To be informed of local and national support services

Shared decision making

The choice about which treatment is best for you will be made together with your consultant and specialist nurse. This will be based on the risks and benefits of the treatment and your individual circumstances.

Will my confidentiality be protected?

Yes. All aspects of information regarding your tests, diagnosis and treatment plan will be treated in a confidential manner. Only members of the multidisciplinary team and other health professionals, as thought necessary, will have knowledge of your diagnosis and treatment. Your relatives and friends will not be informed without your permission.

Will any information be shared with other organisations as a result of this procedure?

Information will be shared with your general practitioner (GP) and other hospitals as may be deemed appropriate.

What is a keyworker?

A 'keyworker' is a member of the multidisciplinary team who is your named contact within the team and takes a key role in coordinating your care and treatment. Your 'keyworker' can be any member of the team but is usually the clinical nurse specialist/advanced nurse practitioner. His/her name will be provided on diagnosis.

Who can I speak to in order to find out more information?

It is quite usual to feel anxious. You may contact your doctor or clinical nurse specialist to discuss any concerns that you have. They will be happy to answer your questions and are available on the numbers listed overleaf.

If you have personal access needs or require wheelchair access, you may call the upper gastrointestinal clinical nurse specialist on the contact number listed.

Contact numbers

During normal working hours (08.30am to 4.30pm Monday to Friday), please contact your clinical nurse specialist.

Upper Gastrointestinal Clinical Nurse Specialist

1st Floor, McHale Building

New Cross Hospital

Telephone number: 01902 694466 or 01902 307999 Ext 8457.

Consultants' secretaries are contactable via the hospital switchboard on 01902 307999 during normal working hours.

Where can I get more information?

National support services

Cancer Care Wolverhampton

Cancer Care Wolverhampton is the hospital's own website providing information on care and treatment at this hospital.

www.cancercarewolverhampton.nhs.uk

Cancer Bacup

Cancer Bacup is a national charity providing telephone advice and free written information on cancer and treatments.

Telephone 0808 8001234

www.cancerbacup.org.uk

Macmillan

Macmillan is a national charity providing telephone advice and free written information on cancer and support services.

Telephone 0808 8082020

www.macmillan.org.uk

Cancer Help UK

Cancer Help UK is a website providing information on cancer and clinical trials. Telephone 0800 226 237

www.cancerhelp.org.uk

Oesophageal Patients Association

The Oesophageal Patients Association provide leaflets, telephone advice and support to patients with oesophageal cancer.

Telephone 0121 704 9860

www.opa.org.uk

Digestive Disorders Foundation

The Digestive Disorders Foundation is a national charity which is concerned with all forms of disorders relating to the digestive system.

Telephone 0207 486 0341

www.corecharity.org.uk

Upper Gastrointestinal Patient and Carer Support Group

We offer support for upper gastrointestinal cancer patients and carers. The group meet regularly. For more information, please contact your Clinical Nurse Specialist on 01902 694466 or 01902 307999 Ext 8457.

Dedicated UK pancreatic cancer charity

Dedicated UK pancreatic cancer charity

<https://www.pancreaticcancer.org.uk>

Support Line Freephone: 0808 801 0707.

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。