

# Discharge Information Following Emergency Ophthalmic Appointment

Ophthalmology

# This is an information leaflet following discharge from the Eye Referral Unit

If you have been referred to a Consultant or Specialty Clinic in the Ophthalmology Outpatients Department, following discharge from the Eye Referral Unit and your emergency ophthalmic appointment, you will receive an appointment through the post. Details of this appointment will not be available from the Eye Referral Unit.

A letter will be sent to your GP to inform them of today's appointment and of any prescribed medication you need to take and for the duration of this treatment. Please contact your G.P. for any necessary repeat prescriptions.

## Contact the Department

Please return to, or contact the Department if your symptoms do not improve or you have any of the following:

- Increasing pain
- Discharge
- Sensitivity to light
- Your vision becomes gradually worse
- Sudden vision loss
- Sudden onset of double vision
- Redness
- Lid swelling with fever or temperature
- Foreign body
- Black shadow or curtain effect in vision

Please follow your prescribed medication plan, ensuring you wash your hands before and after using eye drops or eye ointment. This is to prevent infection.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

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# Contact Details and opening Hours

Eye Casualty / Eye Referral Unit opening times

Monday - Friday 08.00am -05.00pm

Weekends / Bank holidays 08.00am - 3.00pm

Telephone number 01902 695805.

Outside these opening hours please attend Emergency Department Zone C50 or ring NHS 111 for advice.

### **Useful** contacts

NHS Direct telephone number 111

MECS (Midland Eye Care Scheme). This service is an alternative option to presenting to Accident and Emergency Departments for the diagnosis and treatment of minor eye conditions. For more information visit primaryeyecare.co.uk or primaryeyecare.co.uk/find-a-practice.

#### **English**

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

#### Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

#### **Polish**

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

#### **Punjabi**

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

#### Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

#### **Traditional Chinese**

如果您需要以其他方式了解信息,如易读或其他语种,请告诉我们。 如果您需要口译人员或帮助,请告诉我们。