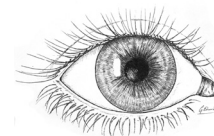


Information for patients following an injection of Anti-Vascular Endothelial growth factor (AntiVEGF) therapy



Ophthalmology

Introduction

This leaflet is intended for patients who have received an injection of Anti-VEGF treatment.

This information will help you to understand what to expect following your injection.

What are the possible side effects of this treatment?

For the first 24 hours, you may experience some discomfort when the 'numbing drops' (local anaesthetic) have worn off. If you do, take what you would normally for a headache (e.g., Paracetamol).

For the first few days, you may:

- See 'floaters' that look like bubbles in your vision
- Notice that the normally transparent covering of the white of your eye (conjunctiva) looks red or you can see a 'bruise' where the injection went in.

This is normal and it is nothing to be worried about. These symptoms will gradually improve after a few days. If your eye is watering, 'dab' your eye only using a clean tissue, then throw the tissue away.

What shall I do if I need advice?

If you are worried about any of the above symptoms, if these are not improving, if you experience increasing pain and redness, or deterioration in your vision, please contact us for advice (contact details on page 3).

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Should I continue using my usual eye drops after the injection?

If you are using eye drops for any other eye condition you, must continue with these as instructed by your doctor. It is important to wash your hands before and after touching the area around the eye. If you need to wipe the area, please use a clean tissue each time. This will minimise the possibility of infection.

If your doctor gives you any additional drops to use as a result of having had your injection, i.e., antibiotic drops, you need to leave at least five minutes in between drops so they can have their full effect.

Do I need to attend the hospital again?

You will need to attend regularly. At these follow up appointments, a member of the retinal team will decide whether further treatment is necessary, so it is very important to attend them.

You will have an Ocular Coherence Tomography (OCT) scan at each visit (scan of the back of the eye). There may be occasions when you may need to have a repeat fluorescein angiogram (injection of dye into a vein in your arm / hand and photographs of the back of the eye).

The findings will again be discussed with you. If further treatment is required, an appointment for another injection of Anti-VEGF will be arranged.

What will happen if further injections are not required at that point?

You will be instructed when your next review is required. Remember, in the early stages, this will be approximately every month. We need to assess if any leakage has restarted and if further injections are required, but as your vision stabilises this time period may be extended.

If you do not receive an appointment in the time period you were instructed, please ring the clinic co-ordinator.

Where can I get more information?

We are here to help. Please do not hesitate to ask a member of staff, or contact us if you need any further information or advice.

Clinic Coordinator

For appointment queries:

01902 695845

Monday – Friday

10.00am – 12.00pm

2.00pm – 4.00pm

Eye Referral Unit

01902 695805

Monday – Friday, 8.00am – 5.00pm

Weekends, 8.00am – 3.00pm

Outside these hours, please attend the main Emergency Department or contact NHS Direct on telephone number 111.

Other useful contact numbers

The support groups below may be of help:

Royal National Institute of Blind People

105 Judd Street

London

WC1H 9NE

Tel: 020 7388 1266

E-mail: helpline@rnib.org.uk

The Macular Disease Society

PO Box 1870

Andover

SP10 9AD

Registered Charity No. 1001198

Tel: 01264 350551

E-mail: info@maculardisease.org

Age Concern UK

Hupton House

93-94 Darlington Street

Wolverhampton

WV1 4EX

Contact details

Telephone: 01902 572060

Email address: mail@ageukwolves.org.uk

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。