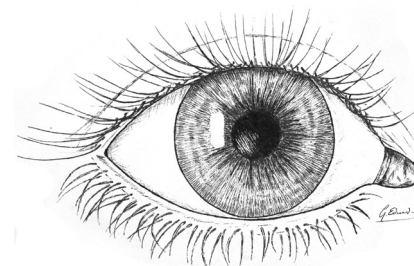


Treat and Extend for Wet Age Related Macular Degeneration (AMD)

Ophthalmology



Introduction

This information sheet is for patients who have started on our Treat and Extend Plan for Wet AMD (Wet Age Related Macular Degeneration).

What is Treat & Extend?

This is a type of treatment plan that will combine your assessment and injection appointments into one visit. Your next treatment plan will be decided at your visit, following your scan. You may not see anyone in the reassessment clinic, however your scan will be looked at that evening or the following day and your next appointment will be sent to you in the post. If you have any concerns, please speak to the person who will be giving you your injection.

Wherever possible, we will try to ensure that these appointments are on the same day. If you ring to cancel your appointment, due to capacity issues, you may receive two separate appointments.

How does it work?

We aim to keep your eye stable with regular injections, initially receiving up to three (one each month).

Once stable, you will receive a clinic assessment followed by an injection each time you attend (you may receive two letters).

On your appointment day, your injection will automatically follow your assessment regardless of the time stated on your letter, so do not worry about

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

the given time.

If your eye remains stable, the interval between appointments will be extended usually by one to two weeks each time.

What if my eye condition changes?

If at any point your eye becomes unstable, your assessments and injections will become more frequent until your eye is stable again.

What if I need to change my appointment?

Your appointments are specifically planned within your treatment plan. It is, therefore, very important that you try to keep the appointment given to you. Failing to do so may result in your appointments being split into separate days.

Where can I get more information?

We are here to help, please do not hesitate to ask a member of staff, or contact us if you need any further information or advice.

Clinic Coordinator:

01902 695845

Between: 10:00am – 12:00pm

and

2:00pm – 4:00pm, Monday – Friday

(Our co-ordinator is not always available to take your calls, so please leave a message and someone will get back to you)

If you have any personal access needs or require wheelchair access and wish to talk to a member of staff, please get in touch using our contact details.

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。