

# Urethrogram

Radiology

## Introduction

This leaflet explains:

- What a urethrogram is
- How the examination is undertaken
- What risks are involved

## What is a Urethrogram?

This is an X-ray examination of the urethra. The urethra is the tube that runs inside the middle of the penis and connects with the bladder.

## Is there any preparation?

There is no special preparation for this examination. You may eat and drink normally. You can take your medication normally.

**Please inform the Radiology department before your appointment if you have a urinary infection.**

## Do I need to bring anything / anyone with me?

Please bring a dressing gown and slippers if you have them. Do not bring unnecessary amounts of money or valuables.

It would be helpful to bring a relative or friend to the department with you.

## What happens during a Urethrogram?

You will be asked to change into a gown. You will need to empty your bladder just prior to the examination. A local anaesthetic gel is used before a small catheter (plastic tube) is inserted into the opening of your penis. A contrast dye (a liquid which shows up on X-rays) is injected through the catheter and X-ray images are taken. The catheter is then removed and you may be asked to empty

**The prevention of infection is a major priority in all healthcare and everyone has a part to play.**

- **Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available**
- **If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111**
- **Keep the environment clean and tidy**
- **Let's work together to keep infections out of our hospitals and care homes.**

your bladder into a urinary bottle whilst further X-ray images are taken. Slight discomfort may be experienced during this procedure however, it should not be painful.

## How long will it take?

The examination is usually completed within 30 minutes. You are advised to allow up to one hour in the Radiology department.

## What if I am diabetic?

No special requirements.

## Are there any risks or side effects from radiation?

There are some risks involved with the use of radiation.

The overriding concern of your doctor and radiology is to ensure that when radiation is used the benefits from making the right diagnosis outweigh any small risk involved.

Radiologists / radiographers who perform the examination are trained to ensure that the radiation dose associated with the examination is always kept to a minimum.

## After the examination

You may experience slight discomfort but this only lasts for a short time, however if you find you are unable to pass urine or notice blood in your urine then seek urgent medical attention. Drink plenty of fluids for 24 hours following the examination.

## When will I get the results?

The X-rays need to be studied and a report issued, so we will not be able to give you your results straight away. The radiographer will advise you where and when to get your results.

## Student training

A student radiographer may be present during the examination. If you would prefer them not to be present, please let the radiographer know at the time.

## Special needs

If you have any special needs, which are likely to affect your examination, please contact the Radiology department.

## How to contact us

If you have any questions or would like to discuss anything about your examination, before you attend, please contact the Radiology department on 01902 694062 available between 09:00 and 16:00, **Monday to Friday**.

### **Radiology Department A2**

Level One  
New Cross Hospital  
Wolverhampton  
West Midlands  
WV10 0QP

### **Patient Advice and Liaison Service**

New Cross Hospital  
01902 695362  
Email: [rwh-tr.pals@nhs.net](mailto:rwh-tr.pals@nhs.net)

## Car Parking

Please leave plenty of time to find a parking space as parking is limited. The nearest car park to the Radiology department is P6 situated on the south side of the hospital (charges are applicable).

## English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

## Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

## Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

## Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

## Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

## Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。