

Trial without catheter

Urology Hospital at Home Service

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Wash your hands with soap and warm water and dry thoroughly. Use hand gel, if provided, in care facilities.
- If you have symptoms of diarrhoea and vomiting stay at home and do not visit relatives that are vulnerable in hospital or in residential care. You will spread the illness.
- Keep the environment clean and safe. Let's work together to keep it that way. Prevention is better than cure.

Who is this information for?

This leaflet has been written for patients who have been discharged home with a urinary catheter and will have the catheter removed at home.

What is Urology Hospital at Home?

Urology Hospital at Home is a nurse led service carried out in the community by a team of three senior urology sisters.

Why have I been chosen to go onto this service?

You have recently had a catheter inserted and your consultant has advised that the catheter can be removed. You will remain under your consultants' care but have the advantage of being in your own home.

How long will my catheter be in?

This will vary depending on your consultants' instructions, what medication you may have been started on and that you are not constipated.

What is a trial without catheter?

This is a simple procedure carried out in your home. The catheter is removed for a trial period to see whether you are able to pass urine yourself and empty your bladder.

Will I be taught to care for my catheter?

Yes, you will be shown how to empty your catheter bag of urine before you go home. They will advise you on how to take care of the catheter and what to do if any problems occur. They will also give you a small supply of spare bags and extra supplies will be delivered to your home if necessary. A referral will also be made to your local district nursing team.

How will I know when the nurse will visit?

A member of the hospital at home team will telephone you and arrange a date to have your catheter removed.

What will happen on the day my catheter is removed?

You will have a morning visit, usually between 9.30am and 12.30pm, when the nurse will carry out an assessment and then remove your catheter. You will be given fluid advice and pelvic floor exercise instructions and the nurse will leave you with their mobile telephone number should you need to contact them.

Will the nurse visit again?

The nurse will arrange a time for a further visit that evening, usually between 5pm and 7pm, to check you are emptying your bladder properly by carrying out a bladder scan.

What will happen if my bladder scan is acceptable?

If the bladder scan is acceptable a further visit will be arranged for the following morning and you will be given overnight instructions which will include telephone numbers of who to contact during the night.

The following morning a further bladder scan will be carried out and if this is acceptable you will be discharged from the care of the hospital at home team. Your GP will be informed following your discharge and an outpatients appointment will be arranged.

What will happen if my bladder scan is unacceptable?

If the bladder scan is unacceptable and you are not emptying your bladder properly you will need to have another catheter inserted by the hospital at home nurse.

The nurse will discuss this with the consultant and you will either have a further trial without catheter, an outpatient appointment or be put on the waiting list for surgery. Your GP will be informed following your discharge.

For information and support

If you have any questions or concerns, please contact the Urology Hospital at Home team on 01902 694048. If there is nobody available please leave a message on the answer machine and your call will be returned as soon as possible, this may be the following day. If your call is urgent or overnight please contact SEU on 01902 694003.

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowałiby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。