

Using a Compression Glove

Physiotherapy & Occupational Therapy

Introduction

Who is this leaflet for?

This leaflet is for patients who have been advised to wear a device known as a compression glove. These gloves are often useful in the treatment of oedema (swelling) of the hand.

What is a compression glove?

A compression glove is designed to provide gentle compression to the hand and fingers. It is made of nylon lycra with the seams on the outside for a smooth fit.

When should I wear the glove?

You should wear your glove as follows:

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The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

How do I clean the glove?

Handwash the glove in warm soapy water, rinse thoroughly and allow to dry naturally.

Are there any side effects to using the glove?

Though rare, patients can experience the following:

- Swelling
- Severe pain
- Pressure
- Stiffness
- Numbness
- A rash.

If you have any of these symptoms please stop using the glove immediately and contact your therapist.

Where can I purchase further gloves?

Although we have provided details of two companies in this leaflet there are several companies from whom you may purchase extra gloves. The Royal Wolverhampton Trust does not endorse any individual suppliers or companies.

Promedics.co.uk Tel. 01475 746 400

¾ finger over the wrist oedema glove

Sold individually, not as a pair

	X-Small	Small	Medium	Large
Left	NC53220	NC53222	NC53224	NC53226
Right	NC53221	NV53223	NC53225	NC53227

Physio-med.com Tel. 08448 730 035

Open finger oedema gloves

Sold individually, not as a pair

	X-Small	Small	Medium	Large
Left	A571201	A571203	A571205	A571207
Right	A571200	A571202	A571204	A571206

Who can I contact if I have any concerns or questions about my compression glove?

If you are at all worried about any aspect of this treatment please speak to your therapist.

Name of therapist:

Contact telephone number:

Out of hours / emergency contact details:

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English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。