

# Transitional Care

Neonates



## Welcome to Transitional Care

This leaflet has been written to provide you with information on Transitional Care (TC) to give you more of an understanding of what we do on the ward.

## What is TC?

TC is an area on ward D10 where babies who need a little more nursing and monitoring can stay with their mother rather than going to the Special Care Baby Unit. This means that mother and baby can stay together and mother can be the main carer for her baby.

## Why will my baby be admitted to TC Unit?

Your baby may be admitted to T.C for several reasons; pre-term babies born early, multiple births, or babies with additional care needs. Your baby may need to be on a heated mattress to help maintain their temperature. Your baby may need phototherapy (light treatment) for Jaundice, or your baby may need antibiotics. TC is also for babies stepping down from the Neonatal Unit who may need a little more time transitioning to home.

## How are the team involved?

The staff will help you with all aspects of baby care and parenting. In particular we are able to offer support with breastfeeding and help mothers when babies are too small or sick to feed directly at the breast. Experienced, friendly nurses and Neonatal Support Workers are on hand to support mothers with breast, bottle and tube feeding. Each baby will be assessed by the Neonatal Team daily, for review and examination.

## What happens now I've been admitted to TC Unit?

The aim is for you as a parent to be fully involved in your baby's care, with the support of the staff on the unit to help as needed. The Neonatal Nursing Team are available to help you care for your baby and your postnatal care will continue under the Midwifery Team on D10.

**The prevention of infection is a major priority in all healthcare and everyone has a part to play.**

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

## How long will I need to stay on TC Unit?

The length of stay depends on your baby's needs. An average stay is between 3 to 14 days.

## What do I bring to the ward?

Bring over night clothes, sensible foot wear, toiletries, baby clothes, nappies and wipes. We have disposable bottles and teats available on the ward but if you prefer to use your own bottles we can supply you with Milton sterile solution to keep your equipment sterile. We also have breast feeding pumps available if you choose to express milk for your baby. If you choose to formula feed your baby you will need to supply your own milk, unless your baby requires specialist milk.

## What happens regarding my Medications?

If you have been discharged from the Post Natal Ward you are responsible for your own medication that has been given to you on discharge. We do not supply any medication or pain relief to mothers so we advise you to bring in your own pain relief to take as needed. If you remain an inpatient then your medication needs will be met by the Midwifery team on D10.

## When will I see a doctor?

Your baby will be seen by a doctor or advanced nurse practitioner on admission to T.C and reviewed as needed during their stay.

## Meal times

Meals are also provided to mothers.

Breakfast between: 8:00am – 9:00am

Lunch between: 12:00pm – 1:00pm

Dinner between: 5:00pm – 6:00pm

## Visiting times as follows:

Partners: 10:00am - 9:00pm

Patients own children only: 3:00pm - 7:00pm

General Visitors: 1:00pm - 2:00pm and 5:30pm - 7:00pm

Visiting is subject to change. Please speak to the ward for an update at time of transfer

## Feedback Process:

If you feel like you have had an unpleasant experience on the ward please ask a member of staff about our complaints procedure and information about Patient Advice and Liaison Service (PALS).

Or you can contact PALS on 01902 695362 or 01902 695368

Contact phone number for ward as follows:  
01902 307999 ext. 8017



## English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

## Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

## Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

## Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

## Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

## Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。