

Micturating Cystogram

Radiology

The aim of this leaflet

It is not meant to replace informed discussion between you and your doctor, it is to explain what is involved and what will happen to you and to explain the possible risks of this procedure.

What is a Micturating Cystogram?

This is an X-ray examination to visualise the bladder and its function. We have been asked to carry out this examination by your Consultant.

What happens during a Micturating Cystogram?

You will be asked to change into a gown. You should place your clothes in the bag provided and keep it with you at all times. A small tube (catheter) will be passed into the bladder via the urethra (the outer opening that leads to the bladder). A local anaesthetic gel will be used to minimise discomfort. A clear liquid that shows up on X-rays will be run into the bladder via the catheter. X-ray pictures of the bladder will be taken before the tube is removed. You will then be asked to pass water into a container while further X-rays are taken.

How long will it take?

This can be variable, usually between 20 – 40 minutes.

Is there any preparation?

There is no special preparation for this examination. You may eat and drink normally. You can take your medication normally. You will need to empty your bladder immediately prior to the cystogram. Please inform the Radiology department before your appointment if you have a urinary infection.

Do I need to bring anything / anyone with me?

Please bring a dressing gown and slippers if you have them. Do not bring unnecessary amounts of money or valuables.

What if I am Diabetic?

No specific requirements.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Are you pregnant?

To ensure that you are not pregnant you should have this examination between the 1st and 10th day of your menstrual period.

If you have not started your period in the 10 days before this appointment or you are actively trying for a family please contact the X-ray department, as it may be necessary to rearrange your appointment.

Please contact the Radiology department as soon as you receive this appointment if you think you may be pregnant.

Are there any risks or side effects?

Catheterisation

There is a small risk of introducing infection during the passage of the tube into the bladder. To identify a urinary tract infection, keep an eye out for the following symptoms:

- A frequent or intense urge to urinate, even though little comes out when you do
- Pain or pressure in your back or lower abdomen
- Cloudy, dark, bloody, or strange-smelling urine
- Feeling tired or shaky
- Fever or chills (a sign the infection may have reached your kidneys)

If you develop symptoms of a urinary infection following the procedure, you should consult your GP.

Radiation:

There are some risks involved with the use of X-rays.

The overriding concern of your Doctor and Radiology is to ensure that when radiation is used the benefits from making the right diagnosis outweigh any small risk involved.

Radiologists / Radiographers who perform the examination are trained to ensure that the radiation dose associated with the examination is always kept to a minimum.

What happens after the examination?

You may eat and drink normally. The examination usually causes no significant problems and you may return to work if required.

Some patients may experience a burning sensation on passing urine, for 24 hours. You should drink plenty of fluids following the procedure to minimise the risk of developing a urinary infection.

When will I get the results?

The X-rays need to be studied and a report issued, so we will not be able to give you your results straight away. The Radiographer will advise you where and when to get your results.

Student training

A student Radiographer may be present during the examination. If you would prefer them not to be present, please let the Radiographer know at the time.

Special needs

If you have any special needs, which are likely to affect your examination, please contact the Radiology Department.

How to contact us

If you have any questions or would like to discuss anything about your examination, before you attend, please contact the Radiology Department on 01902 694062 available between 9:00am – 4:00pm, Monday – Friday.

Radiology Department A2

Level One

New Cross Hospital

Wolverhampton

West Midlands

WV10 0QP

Patient Advice and Liaison Service

New Cross Hospital

01902 695362

Email: rwh-tr.pals@nhs.net

Car Parking

Please leave plenty of time to find a parking space as parking is limited. The nearest car park to the Radiology department is P6 situated on the south side of the hospital (charges are applicable).

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。