

Burns Injury (Child)

Emergency Department

Introduction

This leaflet has been written to help you care for your child after a burn. Please read it carefully, as even small burns can have complications.

First aid advice following any future burns injuries

- If your child suffers a burn, bathe the affected area in cool water for 15 minutes. Try to avoid the child's whole body getting cold
- Do not put any toothpaste or cream on a burn, as this will need to be removed when your child is treated in hospital
- Wrap the burnt area in cling film, as this will help to reduce pain and help reduce the risk of infection.

What happens after my child has been discharged from the Emergency Department?

- Staff will notify your General Practitioner (GP) if your child's burn needs to be followed up and reviewed by your local GP Practice nurse. Please ensure you contact your GP Practice the day after discharge to book these appointments with them. If you are not registered at a GP Practice, alternative arrangements can be made to ensure your child is treated
- Larger burns will be followed up by the children's community nurses. You will be informed before you go home if you are to be followed up by this team. The Children's Community Nurses will contact you following your child's discharge from hospital to arrange your child's follow up appointments. You should usually be contacted the next working day. If you have not received a call please contact the community nursing team on 01902 444700.

What ongoing treatment will my child require following a burn?

- You can give your child medicine, such as ibuprofen or paracetamol, to relieve the pain. You can buy these medicines at any local Pharmacy / Chemist. Please ensure you follow the recommended dose detailed on the packaging, alternatively, you can seek advice from your General Practitioner (GP) or local Pharmacist / Chemist
- During the first year the burn will be very sensitive to sunshine and may blister. Please try to cover the area by wearing T-shirts and hats for example. In addition, regularly apply high factor sun screen to the area that was burnt

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- **Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available**
- **If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111**
- **Keep the environment clean and tidy**
- **Let's work together to keep infections out of our hospitals and care homes.**

- Put a high factor sun block (SPF25 or above) on the burn in the second year after injury when your child is in the sunshine. If the skin is still sensitive and tends to go red or blister, please keep the area covered while in the sunshine.

You must take your child to your nearest Emergency Department if:

- Your child removes the dressing
- Your child gets a fever in the following few days
- Your child is not eating and drinking
- You are worried about them.

Emergency Contact numbers

For general advice call NHS 111.

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。