

Henoch-Schonlein Purpura (HSP)

Emergency Department

Information for Parents

This leaflet is designed to give you information about Henoch-Schonlein Purpura (HSP) and help you answer some of the common questions you may have.

What is Henoch-Schonlein Purpura?

Also known as HSP, it is a condition causing inflammation of the small blood vessels of the body. It most commonly produces spots or rashes on the skin.

What causes HSP?

We do not know exactly what causes HSP but it most commonly follows a viral or bacterial infection. It is not inherited or contagious between people.

What are the symptoms?

HSP can affect different parts of the body but most commonly affects the skin, joints, kidneys or gut. It can sometimes take weeks, or even months, to resolve.

- **Skin:** The most obvious feature is a rash. They look like lumpy purple bruises usually on the legs and bottom. The rash does not turn white when pressed
- **Kidneys:** They can sometimes become affected leading to protein and blood being found in the urine
- **Joints:** painful and swollen joints can occur
- **Digestive System:** Tummy aches.

How is it diagnosed?

HSP is usually diagnosed from the history and examination. Your child may need a blood test and a urine test.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

How is it treated?

There is no specific treatment for HSP.

- Paracetamol or Ibuprofen can be used for joint pain
- Sometimes, doctors may prescribe steroids for your child depending on the severity of the condition
- Your doctor may follow this up with regular urine and blood pressure checks.

Does my child need admission?

Most children do not need to stay in hospital but your child will need follow up that your doctor will discuss with you.

What do I need to look out for?

HSP does not usually cause long term problems but as many as half the affected children will have another episode in the following months. Although it is usually milder, parents should be aware of this.

Children with kidney involvement may need longer follow up.

Remember

- HSP usually gets better itself
- Although it can come back, it rarely causes long term problems
- Follow up is usually with regular urine and blood pressure checks.

Further Information

For non-emergency health care advice, see your GP or ring 111

For emergencies, ring 999

To find your local health care services, including out of hours pharmacies and urgent care centres, visit www.nhs.uk

Local health care services in Wolverhampton include:

- The Phoenix Health Centre (Urgent Care Centre), Parkfield Road, Parkfields, Wolverhampton, West Midlands WV4 6ED

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。