

# Semen Tests

Andrology Services Walsall Manor Hospital

#### Please read these instructions thoroughly 7 days before attending your appointment.

## The andrology department

The andrology department is located within the main pathology services building at the Manor Hospital on Route 020. On exiting the hospital through the main rotary doors, turn left then continue to walk around the perimeter of the main building. The entrance is 70 metres on the left, signposted '020 Pathology'.

## Introduction

This leaflet will explain what the semen test is for, how to collect your sample and how to obtain your results.

# What is the test for?

The test is to examine your semen to find out the following:-

- **Diagnostic semen analysis** some couples have difficulty conceiving and are referred for fertility investigations by their GP or Consultant.
- Sperm concentration the number of sperm in the sample of your semen.
- **Motility** the number of sperm swimming and how quickly they are swimming.
- Morphology the shapes and sizes of your sperm.
- Vitality this is a test to establish if immotile sperm are dead or alive. This is only carried out if the motility is severely reduced (<40% total motility).



The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

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# Making an appointment

Your GP or consultant will request that you attend for semen analysis. You will need to book an appointment for this. To do this please call the andrology department for an appointment and to arrange delivery / collection of a specimen collection kit for semen analysis. 01902 695287.

Appointments are available Monday - Friday, 8:30 am - 3:30pm.

Please expect a 7-10 day wait for the next available appointment.

Please note if you use another container other the than the one sent to you or you do not have an appropriate request form your sample will be rejected.

# Collection of your sample

Before producing your sample try not to have any sexual activity, including masturbation, for 48 hours - 7 days. A complete sample is required for reliable assessment, so if any has been spilt please inform reception staff as a repeat sample may be required.

Please write your name, date of birth, and production time on the pot and the requesting doctors details should also be included on the request form. First wash your hands and genitals with soap and water, ensure complete removal of all soap residue and dry thoroughly. The sample should be produced by masturbation directly into the pot. Collect the entire sample.

The use of lubricants should be avoided and you should try to get the complete sample into the pot – if not please advise Reception staff on arrival. On arrival to the department, you will be asked to confirm what time the sample was produced, whether a complete sample was collected and how many abstinence days.

The sample should reach the Andrology Department within 45 minutes of collection for reliable assessment. If you bring the sample from home keep it at body temperature, ideally as close to your body as possible.

Please note if you use another container other than the one sent to you or you do not have an appropriate request form your sample will be rejected.

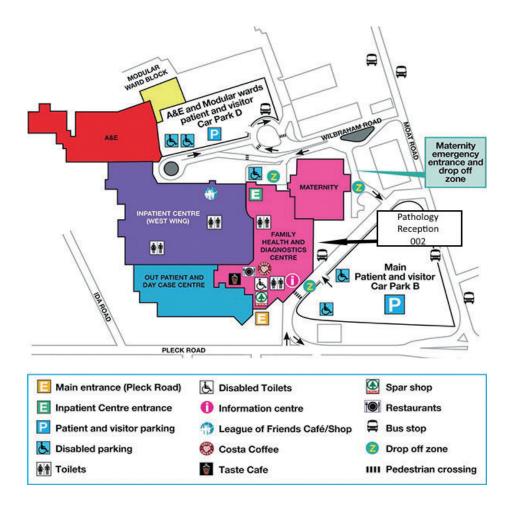
# How do I obtain my Semen Analysis Results?

Your results will be sent to the referring GP or Consultant please allow 7 - 10 working days before contacting them.

If you have a further appointment, your GP or consultant will have access to your results which can be discussed with you.

## Contact Details

If you have issues producing your sample please contact the department of Andrology Walsall Manor Hospital, Moat Road, Walsall, West Midlands. WS2 9PS. 01902 695287. Short stay parking is available outside the department.



## English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

## Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

## Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

## Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

## Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

## **Traditional Chinese**

如果您需要以其他方式了解信息,如易读或其他语种,请告诉我们。 如果您需要口译人员或帮助,请告诉我们。

> Designed & Produced by the Department of Clinical Illustration, New Cross Hospital, Wolverhampton, WV10 0QP Tel: 01902 695377.