

# Important advice to reduce the risk of Coronavirus prior to having a Bronchoscopy or EBUS

Respiratory Centre

In conjunction with your Respiratory Consultant **the** decision has been taken to make arrangements for your procedure to go ahead.

Your safety whilst we plan the care and treatment you need is our priority. This leaflet gives you advice on how to protect yourself leading up to your Bronchoscopy or EBUS.

If you have any questions or concerns after reading the information **please follow the advice in bold print at the end of this leaflet.**

We ask you to stay at home and isolate for **SEVEN DAYS** prior to your admission date. During this period avoid all face-to-face contact, except from those that you live with, carers and healthcare workers who you must see as part of your medical care. This will protect you as much as possible from coming into contact with coronavirus.

Please ask for help from friends, family or a support network in your community who can assist you to get food and medicine during this period. When arranging food or medication deliveries, these should be left at the door to minimise contact.

Regularly wash your hands with soap and water for 20 seconds and ask all members of your household and any essential visitors, such as carers or support workers to do the same.

Ask the rest of your household to support you to stay safe and follow guidance on social distancing, reducing their contact outside the home.

In your home, you should:

- Minimise the time you spend with others in shared spaces (kitchen, bathroom and sitting areas) and keep shared spaces well ventilated.
- Aim to keep 2 metres (3 steps) away from others and sleep in a bed-room by yourself if possible.
- Use separate towels and, if possible, use a separate bathroom from the rest of the household, or clean the bathroom after every use.

**The prevention of infection is a major priority in all healthcare and everyone has a part to play.**

- **Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available**
- **If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111**
- **Keep the environment clean and tidy**
- **Let's work together to keep infections out of our hospitals and care homes.**

- Avoid using the kitchen when others are present, take your meals back to your room to eat where possible, and ensure all kitchenware is cleaned thoroughly.
- Please do not use any form of public transport.

Arrangements will be made for you to attend the hospital 72 hours prior to your procedure so that we can undertake a nose and throat swab to test that you are clear from coronavirus. Test results are usually back within 24 hours. This test is not 100% accurate but if the test is negative it reduces the risk that you may be infected and will allow the EBUS / Bronchoscopy to take place.

If you test positive for coronavirus we will contact you to discuss options for further treatment.

Whilst there is a possibility of developing or contracting coronavirus whilst you are visiting hospital, we will try everything possible to limit this. Staff will wear appropriate protective clothing and we will aim to discharge you as soon as you are medically fit.

**If at any point prior to your Bronchoscopy/EBUS, you think you have developed symptoms of coronavirus, such as a new, continuous cough and/or high temperature (above 37.5 °C) seek clinical advice using the NHS 111 online coronavirus service: <https://111.nhs.uk/covid-19/>**

**If you do not have access to the internet telephone 111.**

**If you require and further information or advice, please contact the Endoscopy Booking Team on 01902 695189**

## English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

## Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

## Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

## Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

## Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

## Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。