## The Royal Wolverhampton NHS Trust

# Welcome to the Colorectal Multidisciplinary Team

Colorectal Nursing

### Who is this information for?

This leaflet contains information about the colorectal multidisciplinary team who will be looking after you. It has been written to help you understand more about the services available to you.

### What is a multidisciplinary team?

A multidisciplinary team is a specialist team of health professionals who together decide your diagnosis, care and treatment. One or more of the consultants looking after you will take overall responsibility for your care. The team meets once a week to discuss patients with suspected and diagnosed cancer in their care. Your case will be discussed at various times in the multidisciplinary team meeting.

The colorectal multidisciplinary team is made up of the following members;

#### **Consultant Surgeon**

A consultant surgeon will perform your operation. Your progress will be monitored by your surgeon for several years after your operation.

### **Consultant Radiologist**

A consultant radiologist specialises in diagnosing your cancer from tests such as CT scans and X-rays.

#### **Consultant Histopathologist**

A consultant histopathologist specialises in working out the type of cancer you have and if the cancer has spread.

### **Consultant Oncologist**

A consultant oncologist specialises in treating cancer with chemotherapy and/or radiotherapy. You may or may not be referred to an oncologist for treatment.

### **Clinical Nurse Specialist**

A clinical nurse specialist provides information, advice and support during your diagnosis and treatment and is involved in the management of your care.

### **Multidisciplinary Team Coordinator**

A team coordinator organises the weekly meetings and ensures the smooth running of the team, your care and your treatment plan.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature
  or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice
  from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

### Additional Team Members

You may or may not be referred to other members of the multidisciplinary team. This will depend on your individual needs and symptoms. Some of the other members of the multidisciplinary team that you may meet are:

- Consultant Physician
- Dietician
- Physiotherapist
- Palliative care team
- Research Nurse.

### What can I expect from my multidisciplinary team?

- To be given written information to take away and read about my care and treatment
- To provide a copy of the consultation at which my diagnosis and treatment options were discussed if I request it
- To be offered access to a specialist nurse when informed of my diagnosis
- To agree a treatment plan jointly with my consultant
- To arrange for a second opinion about my diagnosis and treatment plan if I request it
- To keep my GP up to date with my care and treatment
- To be informed of local and national support services.

### Will my confidentiality be protected?

Yes. All aspects of information regarding your tests, diagnosis and treatment plan will be treated in a confidential manner. Only members of the multidisciplinary team and other health professionals that it is thought necessary will have knowledge of your diagnosis and treatment.

### Will my data be protected?

Yes. Confidential data is sent to relevant national organisations such as the Department of Health. This is in accordance with national data requirements and the Data Protection Act 1998.

### What is a 'keyworker'?

A 'key worker' is a member of the multidisciplinary team who is your named contact within the team and takes a key role in coordinating your care and treatment. Your 'key worker' can be any member of the team but is usually the Clinical Nurse Specialist.

### Who should I contact for advice and support?

During normal working hours (08:30am to 16:30pm Monday to Friday) please contact your Clinical Nurse Specialist;

### **Colorectal Nurse Specialist**

Colorectal Nursing Department T Block Telephone No 01902 694084

This is a 24 hour answer phone please leave a brief message and contact number and your call will be returned within office hours.

www.royalwolverhampton.nhs.uk/colorectalnursing.

If you need medical advice about your treatment or its side effects outside normal working hours, please contact the ward you were recently discharged from and ask to speak to the Nurse in Charge.

### Where can I get more information?

#### Local support services

**Bowel Cancer Support Group** Ask your Specialist Nurse for more information Telephone 01902 694084

### **Cancer Care Wolverhampton** Cancer Care Wolverhampton is the hospital's own website providing information on care and treatment at this hospital. www.cancercarewolverhampton.nhs.uk

#### National support services

### Macmillan

Macmillan is a national charity providing telephone advice and free written information on cancer and support services. Telephone 0808 8082020 www.macmillan.org.uk

#### **Cancer Help UK**

Cancer Help UK is a website providing information on cancer and clinical trials. www.cancerhelp.org.uk

#### **Beating Bowel Cancer**

A UK charity that aims to raise awareness, promote early diagnosis and encourage information on treatment. Telephone 020 8892 5256 www.beatingbowelcancer.org

#### Lynn's Bowel Cancer Campaign

A UK charity that aims to raise awareness and provide information on bowel cancer Telephone 0870 24 24 870 www.bowelcancer.tv

#### **Teenage Cancer Trust**

UK Charity dedicated to supporting young people (age 13-24) with Cancer. Telephone 020 7612 0370 https://www.teenagecancertrust.org/

### English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

### Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

### Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

### Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

### Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

### **Traditional Chinese**

如果您需要以其他方式了解信息,如易读或其他语种,请告诉我们。 如果您需要口译人员或帮助,请告诉我们。

> Designed & Produced by the Department of Clinical Illustration, New Cross Hospital, Wolverhampton, WV10 0QP Tel: 01902 695377.