

Maternity Patient and Public Involvement Group

Introduction

This leaflet has been written for mothers and mothers to be who are interested in getting involved in health and social care research in maternity care. This leaflet explains what you can expect and the difference you can make.

Why is research important in maternity care?

Good quality care for mothers and their babies significantly improves their life chances. To provide the best possible care, it is important to have high quality research in the areas of pregnancy and new-born life. Only by testing treatments and care processes properly, will we know if they are really effective and safe. For many years pregnant women have been an after-thought when authorities have been funding research. We feel that this is a health inequality that Royal Wolverhampton Trust (RWT) would like to address and we would like to do the same level of research for mothers and babies.

Why is it important to have a Patient and Public Involvement Group (PPI Group)?

PPI in research refers to research that is done 'with' or 'by' the public. A PPI group helps to shape the kind of projects that are developed and advises on such things as consent forms, patient information sheets, how to approach potential participants and any ethical concerns. It is vital that any research project or programme involves those groups it hopes to help. PPI groups have been successful in making sure that the research is of the highest quality and meaningful to those involved.

Do I need to know anything about research?

No. Experts will design the projects to answer specific questions. What we need are your opinions about the research based upon your experiences. You do not even have to have been involved in a research project as a participant. We want people who have a desire to contribute to improving care for women and their babies through making sure that good quality research is carried out on topics that matter.

What will I be asked to do?

First and foremost we want your views, based upon your experiences, of what is important when trying to improve maternity care. It may be that you think we should be looking for a specific

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- **Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available**
- **If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111**
- **Keep the environment clean and tidy**
- **Let's work together to keep infections out of our hospitals and care homes.**

treatment to a particular problem, or working on a better diagnostic test for a condition. Anything that can be worked up into a question to be answered is useful.

We may also approach you and ask you to comment on research documents, including information sheets and consent forms, that are used in research projects. They are often written by doctors who use technical language, but they must be understandable to the people they are trying to help; women and their families.

We may ask your opinion on what things to measure as outcomes. For example, if we were studying heartburn, is it more important to study the intensity of the pain or when it occurs during the day or both? Your answers matter to how the research is conducted. Some women may become even more involved and help in the production of research papers ready for publication.

Finally, we may ask if you could attend focus groups or be interviewed over the phone, to discuss especially difficult studies. But we will try to keep this to a minimum and reimburse any out-of-pocket expenses.

Whatever contribution you make is valuable.

What can I do to get involved?

If you would like to join the group all we need are your contact details on the form below. All information collected will be securely stored at RWT on a password protected database. This information will be kept for no longer than is necessary for the purposes of the research (GDPR, 2018). Also, we would like to know if you have any specific areas of interest so we can match you to specific studies or opportunities.

How will I be contacted and how much time will be involved?

We will contact you by your preferred method. This could be via email or text. Rarely, we might have to contact you in person, but this will only be in exceptional circumstances. You will have control on whether you join in or not. You will be under no obligation to take part and can withdraw from the group at any time. It will not affect the care you receive here at RWT.

More information about taking part in Patient and Public Involvement can be found at:

www.involve.nihr.ac.uk

If you can spare time and would like to help with this initiative, please can you complete the slip below and either hand it to a member of staff or contact the research team on 01902 307999 ext 88395.

.....

Name:

Email:

Phone:

How would you prefer us to contact you; email or phone or text?

.....

Do you have any specific areas of maternity care you are interested in?

.....

I am happy to be inducted in the group for PPI on research into maternity care.

Signed:.....

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。