

# Post Vasectomy Semen Analysis

**BCPS Andrology Services** 

New Cross Hospital, Russell's Hall Hospital and Walsall Manor Hospital.

Please read these instructions thoroughly 7 days before attending your appointment.

# The cellular pathology department

Black Country Pathology services offers semen testing at 3 sites: New Cross Hospital, Russells Hall Hospital and Walsall Manor Hospital. Appointments for all 3 sites are handled by the Cellular Pathology department based at New Cross Hospital.

#### Introduction

This leaflet will explain what the post vasectomy semen analysis test is for, how to collect your sample and how to get your results.

### What is the test for?

After a vasectomy you will still have sperm in your semen. This should clear after 16 weeks or 24 ejaculations following the vasectomy.

You have been referred for this test to confirm that your vasectomy has been successful.

You will be required to produce 2 semen samples. The first sample at week 16 and the second at 20 weeks.

# Making an appointment

Your GP or consultant will request that you attend for semen analysis. You will need to book an appointment for this. To do this, please call the cellular pathology department for an appointment and to arrange delivery or collection of a specimen collection kit for semen analysis. 01902 695287.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature
  or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice
  from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.



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Appointments are available at:

- New Cross Hospital Wolverhampton Monday - Friday, 8:30 am - 3:30pm.
- Walsall Manor Hospital, Walsall Monday - Friday, 8:30 am - 3:30pm.
- Russells Hall Hospital, Dudley Monday - Friday, 9:00 am - 3:30pm.

Please expect a 7-10 day wait for the next available appointment.

# Production and collection of your sample

You will need to ensure you have received a request form from your GP or Consultant. The requesting doctors details should be on the request form. If your GP has not given you a form, then contact them and collect one before your appointment. Samples without a request form will not be accepted.

Try not to have any sexual activity, including masturbation, for a minimum of 2 (48hrs) - 7 days before producing your sample.

There should be at least 16 weeks (at least 24 ejaculations) before submitting your first semen sample for examination.

A complete sample is needed for reliable assessment. If any has been spilt, please inform the laboratory staff as a repeat sample may be required.

Please write your name, date of birth, and the time you took the sample on the pot and the requesting doctors details should also be included on the form.

First wash your hands and genitals with soap and water, ensure complete removal of all soap residue and dry thoroughly.

The sample should be produced by masturbation directly into the pot. Collect the entire sample.

### Getting your sample to us

The sample should reach the Andrology department within 45 minutes from collection for reliable assessment. If you bring the sample from home keep it at body temperature, ideally as close to the body as possible.

Deliver the sample and completed request form to the cellular pathology laboratory.

On arrival to the department, you will be asked to confirm what time the sample was produced and whether a complete sample was collected. It is also useful to know the date of vasectomy and how many samples you have previously provided.

Please note if you use another container other them than the one sent to you, or you do not have an appropriate request form, your sample will be rejected.

# How do I get my results?

Your results will be sent to the referring GP or Consultant. Please allow 7 - 10 days for the result to reach them, you will then be able to contact them regarding your result. They can then give advice regarding the success of your vasectomy.

During this time, you should take contraceptive precautions until clearance has been given by your surgeon or doctor.

After your second semen test your surgeon or GP will give you your results and advice regarding the success of your vasectomy.

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#### What if I wish to comment on the service?

We aim to provide a high-quality service. If you have any complaints, comments, or suggestions then you can raise them directly with the Department by writing to:

The Quality Manager, Black Country Pathology Services, Pathology Dept., Royal Wolverhampton NHS Trust, New Cross Hospital, Wolverhampton WV10 0QP.

To help us improve our service we do run occasional patient satisfaction surveys, so you may be asked to complete a questionnaire for us when you attend the laboratory

#### **Contact Details**

All appointments for all 3 sites are arranged via cellular pathology on 01902 695287

If you cannot attend your appointment, please contact the department to cancel or rearrange.

If there are any issues or queries with producing your sample, please contact cellular pathology on 01902 695287

### Map, directions, and information for all 3 sites

Only attend the site at which your appointment is booked

### **New Cross Hospital**



### Russells Hall Hospital - Dudley

Department of Pathology Russells Hall Hospital Dudley West Midlands DY1 2HQ.

The Andrology Department is located on the 1st floor of the West wing of the hospital.

Arrive at Russells Hall Hospital main reception. Walk past the restaurant and from the main corridor, access the lift or stairs (to the left of the lift). Make your way to the first floor, turn right as you exit the lift or stairs and proceed along to the very end of the corridor. Here you will find the Pathology reception.

# Walsall Manor Hospital - Walsall

Department of pathology Walsall Manor Hospital, Moat Road, Walsall West midlands WS2 9PS.

The Andrology department is located within the pathology services building Route 020.

Upon approaching the main entrance rotary doors, do not enter the building but take the path to the right hand side of the building and follow the perimeter path. Pathology is 70 metres on the left sign posted Pathology route 020.

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#### **English**

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

#### Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

#### **Polish**

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

#### **Punjabi**

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

#### Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

#### **Traditional Chinese**

如果您需要以其他方式了解信息,如易读或其他语种,请告诉我们。 如果您需要口译人员或帮助,请告诉我们。