

# Wireless small bowel capsule – Results and advice following the procedure

Cannock Chase Hospital

Surname	Unit No
Forename	NHS No
Address	DOB
Postcode	(or affix patient label)

Date: .....

Your Endoscopist was: .....

For further results: Wait for a letter from your Consultant

## Aftercare

### When can I eat and drink?

You may have sips of water from now and drink other clear fluids starting at 2 hours after swallowing the capsule (water, black tea /coffee with sugar. Orange / Lemon / Lime squash) at .....

You can have your normal evening meal at 1700 hours.

### When can I take my usual medicines / tablets?

You may take your usual medicines later today and as normal tomorrow. Special instructions .....

### What instructions must I follow?

Do not disconnect the equipment or completely remove the belt at any time during the procedure. Treat the data recorder carefully and avoid sudden movement and banging of the data recorder.

**The prevention of infection is a major priority in all healthcare and everyone has a part to play.**

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

At ..... your wireless small bowel capsule endoscopy is complete:

1. Undo the belt
2. Slip the strap over the shoulders and carefully place all the equipment into the bag provided
3. Return all the equipment to Cannock Chase Hospital by 9am hours on the following morning. Please note that the reception is open from 08:30.

## What if I feel unwell at home?

Severe abdominal discomfort or vomiting should be reported immediately to a member of the nursing team.

## Important Information

Undergoing a MRI scan while the capsule is inside your body may result in damage to the intestinal tract or the abdominal cavity. If you are uncertain the capsule is out of your body, contact your doctor as you may need an abdominal X-ray before undergoing the MRI examinations in the future.

## Who do I telephone for advice?

Cannock Chase Hospital:

Monday-Friday, 8:30am-4:30pm, telephone 01543 576736

At all other times you should attend the Emergency Department at New Cross Hospital (or your local hospital if this is nearer).

You should explain that you have recently had a Capsule Endoscopy and that you are experiencing symptoms as described above.

Please advise the Doctor in the Emergency Department to inform the ward Gastroenterologist (9am-5pm) or the on-call Gastroenterologist out of hours.

## Useful External Agencies

### Guts UK

The Charity for the Digestive System  
3 St Andrews Place  
London  
NW1 4LB  
Tel: 020 7486 0341  
Email: [info@gutscharity.org.uk](mailto:info@gutscharity.org.uk)  
<https://gutscharity.org.uk/>

### PALS (Patient Advisory Services)

New Cross Hospital  
Wolverhampton, WV10 0QP  
Telephone: 01902 695362  
E-mail: [PALS@rwh-tr.nhs.uk](mailto:PALS@rwh-tr.nhs.uk)  
[www.pals.nhs.uk](http://www.pals.nhs.uk)

## English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

## Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

## Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

## Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

## Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

## Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。