

Advice for admission on the day of surgery

Orthopaedic Pre-admission Clinic
Cannock Chase Hospital

Following your pre-operative assessment, if you have been an in-patient in hospital or nursing home or have been in contact with MRSA, please telephone the pre-admission clinic as you may need repeat swabs

Please inform your pre-operative assessment nurse of any changes or new additions to your medication.

Preparation for Surgery

On the morning of your admission to hospital please prepare by following the instructions below:

- Please shower, bath or strip wash using a non perfumed soap or body wash. Wash thoroughly, but DO NOT scrub the skin
- DO NOT use body lotion or talcum powder and avoid deodorant if having surgery on your shoulder or upper arm
- Please put on clean clothes
- Your bag should include a dressing gown and slippers
- No nail varnish is to be worn
- Remove ALL ACRYLIC NAILS and FALSE NAILS for hand or upper limb surgery - (except injections)
- Ensure index fingers are free from acrylic / false nails for all other procedures (except injections)
- Remove jewellery including body piercings. Remove ALL rings for hand / arm surgery
- DO NOT shave the operated area, or legs in case the skin gets damaged
- Your admission letter will contain fasting instructions– please follow these accurately. Clear fluids is WATER only.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Important

If you are taking medication for:

1. Diabetes
2. Water tablets (diuretics)
3. Blood thinning tablets (other than Aspirin) including Warfarin and Clopidogrel
4. Heart problems

and have not been given specific instructions, please call the Pre-admission clinic for further advice as soon as possible.

- Please bring all your prescribed medication including inhalers into hospital with you, in their original boxes and bottles.
- Please avoid bringing medication in pre-filled pill organisers.
- If you have a cold or flu please contact us for advice.
- If you have any infections or skin abrasions, it is essential you call us for advice.
- The trust does not provide transport for planned admissions /discharges.
- Please let us know as soon as possible if you change your mind or your symptoms resolve.

Hollybank ward - day ward

If you are having day case surgery under general anaesthetic, please ensure you have arranged for someone to collect you from hospital and an adult to stay with you for 24 hours after your operation (including overnight).

Waiting times on the day of surgery are unpredictable. Patients having a general anaesthetic will have a minimum stay of 2 hours.

Patients who are NOT fasting, may bring snacks into hospital with them.

COVID-19 Restrictions

- No current visiting within the Trust
- Please attend your pre surgical COVID-19 swab
- You must isolate from the day of your swab
- Please do not attend if you have any new onset COVID-19 symptoms
- All patients are required to wear a face covering.

For any advice or further information please contact:

Orthopaedic Pre-admission Clinic

Monday – Friday, 8:00am – 4:00pm

Tel no: 01543 576589

or

Hilton Main Ward

Open 24 hours

Tel No: 01543 576580

Assessment nurse:	
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Telephone:	
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English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。