

# Pelvic Ultrasound

Radiology (Ultrasound)

## Introduction

The purpose of this patient information leaflet is to inform patients what to expect when they attend for a pelvic ultrasound examination.

## What is Pelvic Ultrasound?

This is an examination using ultrasound (high frequency sound waves) to examine the lower abdomen and pelvis.

Your ultrasound examination will usually consist of two parts- a transabdominal ultrasound scan and a transvaginal ultrasound scan.

## How is a transabdominal ultrasound scan performed?

You will normally be given a booked appointment. You will be asked to attend with a full bladder by drinking approximately 1½ pints of fluid one hour prior to the appointment (avoid fizzy drinks). Remember not to empty your bladder until after your transabdominal ultrasound scan.

A trained operator will perform this examination using specialised equipment.

You will be asked to lie on a couch and some ultrasound gel will be placed on the lower part of your abdomen. A small ultrasound probe will be passed over your lower abdomen (tummy) to create an image of the pelvis on the television monitor.

Sometimes in order to obtain better quality images and therefore improve diagnosis, we will perform a transvaginal scan.

## How is a transvaginal scan performed?

First, you will be asked to empty your bladder and then return to the ultrasound examination room. You will be asked to take off your pants. It is not necessary to take off a skirt, dress, shirt or jumper. In fact wearing a shirt or long jumper is often easier. Following this you will be asked to lie down and your lower body will be covered with a sheet. A small ultrasound probe is cleaned and then covered with a disposable sheath and then the probe placed in the vagina.

Images of the pelvis, in particular the uterus and ovaries, are obtained. This usually takes approximately 5 minutes. This procedure may occasionally be uncomfortable, but is not usually painful.

Please let the Sonographer know if you have an allergy to latex prior to the transvaginal scan.

**The prevention of infection is a major priority in all healthcare and everyone has a part to play.**

- **Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available**
- **If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111**
- **Keep the environment clean and tidy**
- **Let's work together to keep infections out of our hospitals and care homes.**

## Should I have a transvaginal examination?

if you do not wish to have an internal examination, this will not be performed. However, the transvaginal scan may provide useful additional information.

For younger women and children a transvaginal examination will not be performed.

## How long does it take?

The complete examination takes about 20 minutes.

If you do not come with a full bladder or if you arrive late you may have to rebook your appointment.

Please note you will not be able to bring children into the scan room with you.

## What happens next?

The Sonographer sends the scan report to the doctor who referred you. If this is your GP the results will be available in 7-10 days at your GP surgery. If you are referred from a Consultant the results will be sent back to them within 7 days.

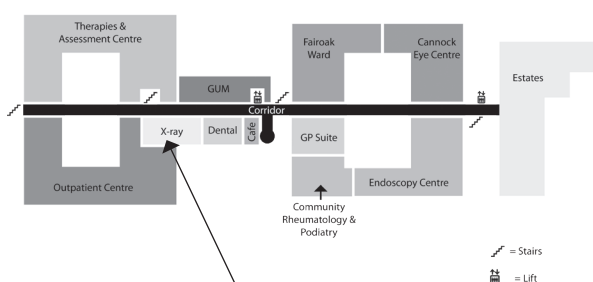
## Are there any complications to the test?

This examination uses ultrasound, which is high frequency sound waves and has no known harmful effect. It is safe in early pregnancy when performed by trained operators.

## How can I get more information?

Please ask the Sonographer any questions you may have before the examination.

## Level 2



**Ultrasound**

**Tel: 01543 576152**

## English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

## Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

## Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

## Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

## Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

## Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。