

# Community Neurological Rehabilitation Team (C.N.R.T.)

Information for those who have Neurological Conditions

Tel: 01902 444723

## Neurological Conditions



A Neurological Condition is a condition that results from damaged peripheral nerves. Receiving a diagnosis of a Neurological condition or injury can be an unsettling and confusing time. It is therefore important that you get the right support for your needs. This can have an impact on people's lives.

## Who are the Community Neurological Rehabilitation Team (C.N.R.T)?

We are a community based rehabilitation team that is made up of the following Professionals:

- Consultant in Rehabilitation Medicine
- Occupational Therapists
- Physiotherapists
- Speech and Language Therapists
- Clinical Nurse Specialists in Multiple Sclerosis and Parkinsons Disease
- Neurology Specialist nurse
- Clinical Psychologist
- Rehabilitation technicians
- Rehabilitation assistances.

## What does the C.N.R.T do?

The C.N.R.T works with patients and families in their own home, as well as in wider communities. We support our patients to help them to achieve the maximum level of independence possible. We aim to work with other professionals across the NHS, Social Care and voluntary sector to ensure maximum support. During your time with our service we will signpost you to any appropriate services that can support you along your journey.

## Who can refer to the C.N.R.T?

- All health and social care professionals
- Yourself (if already been seen by the team in the past).

**The prevention of infection is a major priority in all healthcare and everyone has a part to play.**

- **Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available**
- **If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111**
- **Keep the environment clean and tidy**
- **Let's work together to keep infections out of our hospitals and care homes.**

## Referral Criteria:

- Diagnosis of a neurological condition
- Registered with a Wolverhampton or Seisdon Peninsula GP
- Aged 16 years or over.

The professional who referred you should have made you aware that they plan to refer you to our service and to have gained your consent.

## What is Rehabilitation?

Rehabilitation is the process of helping you to restore skills that you have lost or now find more difficult following your diagnosis. We will work with you to help you reach your full potential with individually identified and specified goals. These goals could include the following:

- Regaining independence or adapting in activities of daily living that are important to you
- To improve/manage changes to mobility, posture and movement problems
- To improve/manage changes to swallowing and communication
- Education about your condition and associated difficulties
- Support with emotional changes
- Supportive self-management of symptoms.

## Length of Involvement

We are not a time limited service. Once you have reached your potential we will discharge you from the service but you are able to self-refer back to us in the future if your situation changes.

## Office Hours

09:00 – 17:00 Monday to Friday. Please note our service does not open on Bank Holidays.

We are a community based team and so are not always in the office to answer the phone. We do have an answer phone service available which we check regularly.

### **Address:**

Community Neurological Rehabilitation Team  
West Park Hospital  
10-12 Tettenhall Rd  
Wolverhampton  
WV1 4PW

**Phone:** 01902 444723

**E-mail:** [rwh-tr.CommunityNeuroRehab@nhs.net](mailto:rwh-tr.CommunityNeuroRehab@nhs.net)

## English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

## Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

## Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

## Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਆਰੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

## Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

## Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。