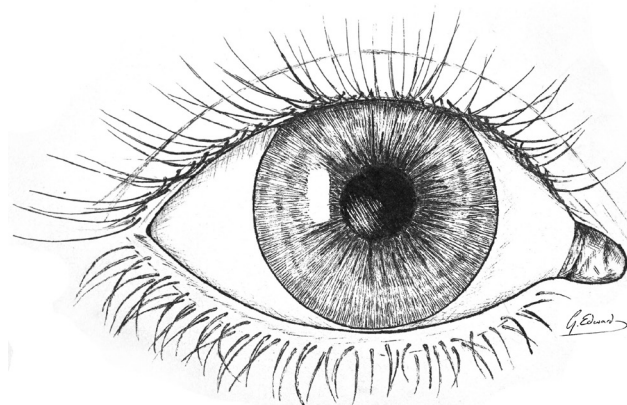


# Cyst Removal

Ophthalmology



This leaflet is intended for patients who have a cyst on their eye that requires removal.

## What should I do following removal of the cyst?

1. Keep the pad on for the next 4 - 6 hours. Then you can take it off and throw it away. Your eye does not need to be covered at all after this
2. Apply the ointment that the Doctor has prescribed for you by gently pulling down the lower lid of your affected eye and squeezing a little of the ointment into the space behind the eyelid and eyeball. The Doctor will advise how often this is required.

## What should I expect following the procedure?

1. Your eyelid may feel a little sore during the rest of the day. If so, take your usual brand of pain killer as directed on the packet
2. Any bruising should disperse naturally over the next week or so.

**The prevention of infection is a major priority in all healthcare and everyone has a part to play.**

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

## What precautions should I take following the procedure?

1. Do not go swimming for the next couple of weeks.

In the unlikely event of bleeding from your eyelid apply direct pressure to the closed eye, using a clean tissue. If the bleeding does not stop please contact the hospital.

## What should I do if I need advice or information?

Staff in Ophthalmology are here to help and are contactable as follows:

### **Eye Referral Unit**

01902 695805

Monday – Friday, 8:00am – 5:00pm

Weekends, 8:00am – 5:00pm

### **Mary Jones Ward**

01902 695801

Monday – Friday, 7:00am – 7:30pm

### **Outpatients Department**

01902 695831

Monday – Friday, 8:30am – 5:00pm

Outside of these hours, please attend the main Emergency Department or contact NHS Direct on telephone number 111.

## English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

## Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

## Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

## Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

## Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

## Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。