

Bone Density Scan

Medical Physics and Clinical Engineering

Introduction

Please read the following information before attending your bone density scan.

If you have or develop any Coronavirus symptoms, please do not attend your appointment and call the Bone Densitometry department on the number below

This leaflet will explain the benefits and risks to having a bone density scan.

Why have I been referred for a Bone Density Scan?

Your Doctor or Healthcare Professional has referred you for this scan in order to evaluate your risk of breaking a bone. *Your scan technician will discuss this further with you on the day of your appointment if required.*

What is the benefit of having a bone density scan?

Having a bone density scan will help to assess the strength of your bones, and to evaluate the risk of breaking a bone.

What are the risks?

Most things that we do in life or in medicine have a small risk and we want you to understand any risks involved. Please remember that we would not recommend this test if we did not think that the risks were outweighed by the potential benefits. This scan uses a very small amount of X-rays.

Before your appointment:

- If you are, or may be, pregnant, please contact the department as we may need to postpone your appointment
- If you have a pacemaker, joint replacements or other metallic implanted devices, this will not affect your bone density scan
- If you are attending by ambulance transport, please contact the department as we may need to move your appointment to a more appropriate time. Failure to notify us may result in us being unable to scan you when you attend or rearrangement of your appointment
- Please notify us if you require an interpreter

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

- If you have had any other scans in the past two weeks where you have had to swallow a substance or had a dye injected, please contact the department as we may need to rearrange your appointment.

Attending for the scan:

- The scan will be no longer than 20 minutes and does not involve going into a tunnel. The scan arm will slowly pass over your body, will not touch you and you will not feel a thing
- Please bring a list of any tablets or medications you are taking
- Please attend the scan in flat shoes and avoid wearing jewellery, clothes with metal zips, studs or fastenings, bras with metal fastenings and underwire, and remove belly button piercings if you have one
- Please attend the appointment alone if possible, with family members and, or, friends waiting in the car. If you cannot attend alone, please contact the department as we may need to move the appointment to a more suitable time
- **Please arrive for your appointment at the time stated and not before. On arrival, please ring the bell and we will aim to get you in for your appointment as soon as possible**
- We aim to send your scan results to the referrer within 4 weeks.

Bone Densitometry Team. If you have any queries regarding your bone density scan appointment, please contact the department on: 01902 695496 or 01543 576454, between 9:00am-2:00pm Monday-Friday.

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。